



**CHECK IN**

**ACTION:**

**INTENT:**

**BELIEF:**

**NO LOG – NO CREDIT**

Topic: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_ Group: M  T  W  Th  F  S

1. A positive change I am making:

How I plan to do this:

- A.
- B.
- C.
- D.

2. A positive change I am making:

How I plan to do this:

- A.
- B.
- C.
- D.

3. A positive change I am making:

How I plan to do this:

- A.
- B.
- C.
- D.

4. A positive change I am making:

How I plan to do this:

- A.
- B.
- C.
- D.